

What families gain

Patients:

Proactive, personalized care delivered through house calls, with a focus on listening, respect, and trust.

Families:

Health insurance is essential for emergencies and hospital care, but care is often delayed until problems escalate.

Our role is different. We focus on early detection and addressing your concerns quickly, with clear plans that support safer aging at home.

Patients remain safely at home through:

- Home-based assessments
- Functional and safety reviews
- Early risk identification
- Clear, proactive care plans



Age with confidence

Our mission is to support individuals and their families with clear guidance, proactive planning, and personalized private care.



Contact us to explore if this model is right for your loved one.



Marlon Minera, MD
Internal & Geriatrics

Contact us

- 📍 **House Calls & Virtual**
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De Oro Longevity

Proactive care for aging in place

Private direct medical care designed to help older adults stay independent and to give families clear guidance before a crisis occurs.

Private, Physician-led Care



Expert medical care, delivered to your door

We provide private, physician-led direct care in the comfort of your home. Clear plans focused on proactive prevention, daily function, and early risk identification. We ensure that health concerns are managed before they become emergencies.

- We deliver in-depth comprehensive assessments and ongoing routine care to clearly understand and manage risks for heart disease, Alzheimer's, and cancer.
- Optimizing health span and lifespan.
- Tailored guidance to maintain strength and vitality.
- Proactive chronic disease management for ongoing stability.
- Your concerns are addressed early and never dismissed, ensuring peace of mind for both patients and families.

'Doing it all' doesn't feel like enough

Have you asked yourself:

- Mom insists she is 'fine,' but why is she moving slower each month?
- Is dad safe at home alone or still okay to be driving?
- Doctor said she's 'stable,' but why does she seem so much weaker?
- She's more forgetful. Is this dementia?

At De Oro Longevity, we help identify these early moments through genuine connection and relationship-driven care.

Familiar turning point for families

I remember Mary in her late 70s, active and proudly independent. She insisted she was fine and didn't want to worry her children.

Then the avoidable happened — a fall. A fracture led to a brief hospitalization and rehabilitation. She healed, but something didn't return, her confidence. She walked slower, feared moving, and never fully regained her strength.

I've seen this pattern repeatedly. That is why our care focuses on early prevention, before small events quietly change the course of a life.

— Dr. Marlon Minera
Internal & Geriatrics Medicine