

MEET YOUR PERSONAL PRIVATE DOCTOR

Marlon Minera MD

Internal Medicine and Geriatrics

"My goal is to redefine aging so you can stay strong, sharp, and independent far longer than you imagined."

Longevity care for adults 50+



Personal

I believe the years ahead hold opportunities for vitality, independence, and purpose. Raised in Southern California, I have practiced internal medicine since 2017. Outside of my clinical work, I cherish time with my wife, family, and friends. I enjoy traveling, playing golf, and caring for my two dogs.

My Philosophy

Reaching your doctor should be effortless—like calling a family member. We offer house calls and dedicate 60–90 minutes to each visit. My approach is proactive and prevention-focused, partnering with you every step of the way to catch each issue early and keep you healthy.

De Oro Longevity

Providing routine physical exams and follow-up care for adults 50 and older through a subscription model with in-home visits and advanced diagnostics. You stay in control, focused on outcomes, with continuous, high-touch care.

Our location

Virtual and House calls

Professional Associations

American College of Internal Medicine
American Geriatrics Society
Healthy Longevity Medicine Society

Education

MD- New York Medical College
MD- Universidad Autonoma de Guadalajara
MPH- Loma Linda University School of Public Health
BS- Biological Sciences UC Riverside
Geriatric Fellowship- Kaiser Permanente Fontana

Volunteer Experience

UCR- FREE CLINIC
MEND- Meeting Each Need with Dignity



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